

**PASLA Coaches Meeting
February 13th, 2017**

Lauren Becker Rubin, President - LBR1010@verizon.net
John Geary, Vice President - jgeary@newstartmobile.com
PASLA Website - paslax.org

All-American & All-Academic Information & Process

Josie Ferri Tomaino, All-American Chair - jferri@episcopalacademy.org
Brooke Fritz, All-Academic Chair - bfritz24@verizon.net

- All-American description: All-American is awarded to **the best** lacrosse players in the area
- All-Academic description (change from 2016): All-Academic is awarded to the best of the best, both academically and athletically. All-Academic is a “lacrosse-first” award; if the student-athlete is not on the all-american **nomination** list, they may not be considered for All-Academic
- Online nomination process through the USL website, hard deadline of **5/1** (no exceptions!)
- Every PASLA coach will receive an electronic document / voting method on **5/15** and have the ability to vote through **5/20**. Every coach has the ability to electronically vote on the area’s nominated players.
- On **5/22**, League AA reps & PASLA AA/AAA Chairs will meet to determine final list of players based on votes
- Final list will be submitted to USL for approval - should be approved in less than 1 week

PASLA All-Academic Information (new for 2017)

- The PASLA website is <http://paslax.org/>
- Description: The PASLA All-Academic team honors juniors and seniors who did not receive USL All-Academic but academically qualify and are athletically a significant contributor to their varsity team
- Nominations will be submitted electronically by **5/1** (link to be posted on PASLA website @ April 1) No exceptions!
- Each school should select up to 3 players (juniors and/or seniors) who are varsity letter winners, team contributors, contribute to their school community, and who have a minimum of 3.7/4.0 (un-weighted) or 4.6/5.0 GPA (weighted).
- If any nominated players receive USL All-Academic, they will NOT be considered for PASLA All-Academic
- PASLA All-Academic team will be determined and announced **after 5/22**, when USL All-Academics are finalized
- Each member of the PASLA All-Academic team will receive a certificate

PASLA Awards Information & Process

Joe Tornetta, PASLA Awards Chair - joetornetta@gmail.com

- The PASLA website is <http://paslax.org/>
- Nominations will be submitted electronically by **5/1** (link to be posted on PASLA website @ April 1) No exceptions!
- Awards will be voted on by PASLA Board Members/league reps on **5/8** meeting @ Harriton
- Brief descriptions of PASLA Awards below - full descriptions to be posted on PASLA website

- PASLA award winners receive their awards at the PLA Banquet

PASLA Student Athlete of the Year: awarded to junior or senior varsity letter winner (2017 season) demonstrating outstanding academic, athletic and community excellence in the 2017 season. All 3 criteria (academic, athletic, service) will be weighted evenly. Awarded to the player who has distinguished herself in all three areas.

PASLA Team Service Award: awarded to the team most committed to community service during the 2016-2017 academic year

PASLA Most Improved Team: awarded to the team that has shown the most improvement from the previous season, including but not limited to: improvement of record, qualify for playoffs, league standings, victories over previously unbeaten opponents

PASLA Rookie of the Year: awarded to a 9th grader on Varsity who has an outstanding individual season and contributes significantly to her team's success.

All PASLA TEAM: Each league should select a league MVP and this player will represent their league as a part of the ALL PASLA team. Players who are selected to this team will be invited, with their parents and coaches, to the PLA banquet in June.

National Tournament:

Lorraine Beers, Chair- LBeers10@gmail.com

- Tryouts: 4/9/17 at Radnor HS- 7:30am-4pm
- Dates: 5/27-5/28- location TBD
- Registration Information will be posted on the PASLA Website - <http://paslax.org/>

PASLA/PLA Senior All-Star Game:

George Dick, Chair- Harritonlacrosse@gmail.com

- Dates and nomination information will be posted on the PASLA website - <http://paslax.org/>

PASLA DUES:

Jenny Duckenfield, Treasurer - coachducklacrosse@gmail.com

- \$50 if postmarked by 2/1- \$60 after 2/1
- Make checks out to PASLAX and send to:
Jen Duckenfield
313 N. Orange Street
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